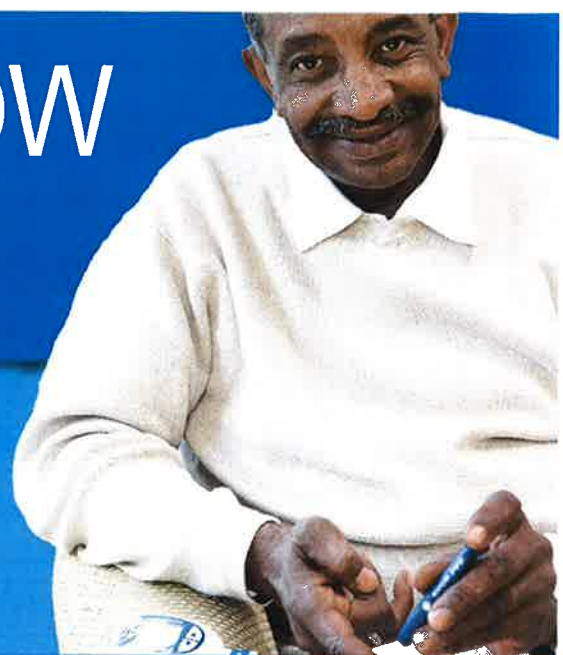
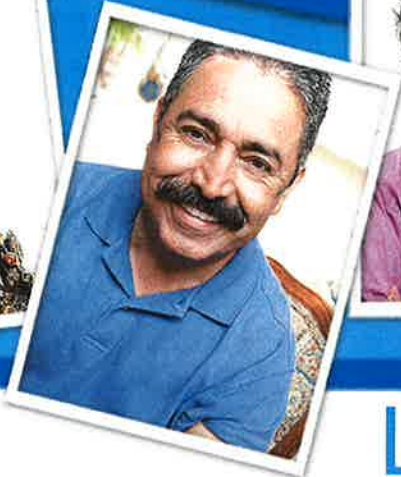


# The Time is NOW



## Learn to control your

# DIABETES

Are you a person with Medicare who has diabetes or know someone who does?  
**Sign up today for a FREE 6-week workshop** in your area.

Workshop Location:

**SHONEY'S, 2700 E Dupont Ave, Belle**

Workshop #1:	Date	MONDAY, FEB. 26	Time	11:00 AM	-	1:00 PM
Workshop #2:	Date	WEDNESDAY, FEB. 28	Time	11:00 AM	-	1:00 PM
Workshop #3:	Date	MONDAY, MAR. 05	Time	11:00 AM	-	1:00 PM
Workshop #4:	Date	WEDNESDAY, MAR. 07	Time	11:00 AM	-	1:00 PM
Workshop #5:	Date	MONDAY, MAR. 12	Time	11:00 AM	-	1:00 PM
Workshop #6:	Date		Time		-	

**Register by Contacting:**

**Susan at 304-346-9864 Extension 3221**